

# USA Swimming Speedo Champions Series

HOSTED BY INDIANA UNIVERSITY CAMPUS RECREATIONAL SPORTS  
CENTRAL ZONE SECTIONAL 3  
July 16-19, 2008

Held Under the Sanction of USA Swimming #IN08302  
Time Trials #IN08303

## DATES

Wednesday July 16-Saturday July 19, 2008.

## HOSTED BY

Indiana University, Campus Recreational Sports  
Meet web site: [www.recsports.indiana.edu](http://www.recsports.indiana.edu)

## LOCATION

Councilman/Billingsley Aquatic Center located at the  
Student Recreational Sports Center,  
Indiana University  
1601 Law Lane  
Bloomington, Indiana 47405

## CONTACT INFORMATION

### Co-Meet Directors

Name: Kellen Edelbrock  
Email: [kedelbro@indiana.edu](mailto:kedelbro@indiana.edu)  
Phone: (812) 855-9798

Name: Emily Ward

### Meet Referee

Name: Claire Gendron  
Email: [clairemgendron@mail.com](mailto:clairemgendron@mail.com)

### Local Officials' Coordinator

Name: Lucy Duncan  
Email: [lucyuss@aol.com](mailto:lucyuss@aol.com)  
Phone: (317) 946-1371

## FACILITY INFORMATION

Competition Pool: One eight-lane 50 meter by 25 yard course, Colorado Timing System and Scoreboard.

Warm-up Pool: Adjacent eight-lane 25 yard diving well for continuous warm-up and warm-down.

Facility: Spacious locker rooms, deck area, and spectator seating on west side of the pool.

## SCHEDULE

Registration	Tuesday	12-9pm	Lobby
	Wed-Sat	7am	Lobby
General Meeting	Tuesday	7pm	Auditorium

Section 3 Coaches Meeting Friday after time Trials in the IU Team Room

<b>Coaches/Officials Social</b>	Thursday	8-10pm	Nicks English Hut
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## WARM-UP & START TIMES

All times are Eastern Daylight Time.

Tuesday	12-9pm	
	<b>Warm-up</b>	<b>Prelims/Finals</b>
Weds-Fri	6:30-8:45am	9:00am
	4:00-5:15pm	5:30pm
Sat	6:30-8:45am	9:00am
	3:00-4:15pm	4:30pm.

## GENERAL MEETING

Coaches should plan to arrive in time for the 7pm General Meeting, Tuesday July 15<sup>th</sup> at the Councilman/Billingsley Aquatic Center in the Auditorium. Coaches are responsible for all business conducted at this meeting and should send a representative if unable to attend personally.

There will be a Section 3 coaches meeting on Friday July 18 immediately after time trials in the IU Team Room.

## ELIGIBILITY

All swimmers must be current athlete members of USA Swimming.

This meet is open to all athletes registered outside the Central Zone and to Central Zone Section 3 athletes (LE, OH, IN, MI). There is one time standard for all Athletes.

Teams may enter an unlimited number of relay-only swimmers. Names of relay-only swimmers must be listed on the original entry.

Swimmers with a disability who have been classified may enter any events at this meet for which they have achieved a national disability championships qualifying time during the qualifying period. Final determination of seeding of swimmers with a disability will be made by the meet referee after consultation with the athletes and their coaches.

## QUALIFYING PERIOD

The qualifying period is from January 1, 2007 thru the entry deadline.

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#### REGISTRATION

Registration will begin on Tuesday July 15<sup>th</sup> at 12pm EDT in the pool lobby at the Counsilman/Billingsley Aquatic Center. Registration will be available 30 minutes prior to warm-ups each day of the meet and will remain open until the end of the sessions each day.

Coaches desiring deck passes should be listed on the original entry. Coaches must present their coach membership cards at registration in order to receive a deck pass.

Each swimmer must be under the direct supervision of a coach. Swimmers whose coaches are not present will have a coach assigned to them at registration.

#### ENTRY LIMITS and BONUS EVENTS

**Limits:** A swimmer may enter an unlimited number of individual events but may compete in no more than 6 individual events for the meet, and in no more than 3 individual events per day.

**Bonus Events:** Swimmers who have achieved fewer than 4 individual event time standards may supplement their entry with bonus events so that the total of individual events (time standards plus bonus swims) does not exceed 4 for the meet. (i.e. 1 qualified and 3 bonus, 2 qualified and 2 bonus, 3 qualified and 1 bonus). Swimmers entering bonus events may be entered at their actual time or at NT. Please be certain to check the box indicating "bonus" for each event that is a bonus entry.

#### MEET FORMAT

This meet will be conducted in long-course meters. It is a 4-day meet. Relays and distance freestyles will be conducted as timed finals. In all other events, the top 24 swimmers from preliminaries will advance to finals where Bonus, Consolation, and Championship heats will be contested in all events.

A ready room/area will be provided for finals each evening so the top 8 finalists in individual events, including distance timed finals, may march out together to the blocks.

#### ENTRY FEES

Individual Events:	\$ 8.50
Relay Events:	\$20.00
Time Trial Events same as above	
Surcharge:	\$2.50
Breakdown of Surcharges:	
Indiana Swimming Fee	\$1.50
OME Fee	\$1.00

Make checks payable to Indiana University.

#### ENTRY PROCEDURES

Entries may be submitted using USA Swimming's Online Meet Entry system at [www.usaswimming.org](http://www.usaswimming.org). Entries will be accepted beginning June 1<sup>st</sup> through July 8<sup>th</sup> at 6 PM. Confirmation of your entry using OME will be confirmed via email. If you do not receive an email confirmation, contact the meet director. Bring all communications with you in the event of a problem. After events are entered times can be modified but events cannot be deleted after they have been paid for.

#### IF NOT ENTERING ON OME:

**Email and paper entries will be accepted with a \$20 administrative fee for individuals entering and a \$100 fee for teams.** The event file for Team Manager (TM) may be downloaded from the [www.recsports.indiana.edu](http://www.recsports.indiana.edu) website. You may also contact Kellen Edelbrock at [edelbrok@gmail.com](mailto:edelbrok@gmail.com) to email you a copy.

A Hy-Tek Team Manager entry file must be received by **Tuesday, July 8<sup>th</sup>, 6pm**. Entry times should be noted with L, S, Y, or NT. **Do not convert times in TM.** Any bonus events must be appropriately indicated by checking the "bonus" box in TM. Swimmers with a disability should be included in the original entry in the events that they are going to swim, even if they will be swimming events during the conduct of different events.

Hard copy and entry fees must be received by the **Thursday, July 10<sup>th</sup> at 6 p.m.** Send entries to Kellen Edelbrock, 1601 Law Lane, Bloomington, IN 47405, phone: (812) 855-9798, email: [kedelbro@indiana.edu](mailto:kedelbro@indiana.edu), fax: (812) 855-7551. The hard copy is the final word in any disputes involving entries.

Be sure that the contact information (specifically email address) is correct in the Team Manager setup. The meet host will generate an email list from the TM file information.

#### July 8<sup>th</sup>, 6:01pm – Sunday, July 13<sup>th</sup> 11:00pm

##### Entry Process (after OME closes)

##### Entry process for new cuts made after July 8<sup>th</sup>

Swimmers who achieve qualifying times after July 8<sup>th</sup> and before Monday, July 14<sup>th</sup>, may be entered in the meet or in additional events. Such entries may not be electronically entered and must be sent in an email message to [kedelbro@indiana.edu](mailto:kedelbro@indiana.edu) by 11pm, **Sunday, July 13<sup>th</sup>, 2008** – do not send a revised entry file attachment. **Proof of time must be brought to the meet.**

A psych sheet will be sent via email to all entered clubs by Friday, July 11<sup>th</sup>, 2008. Teams are responsible for reviewing the psych sheet for errors and for proof of time (\*) or registration problems (#). Bonus events will be noted with a "B" next to the time on the psych sheet.

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#### PROOF OF TIME

Only if your club does not use the preferred method of OME or if you override a time not in the SWIMS database all times must be pre-verified (pre-proven). Please send all individual and relay proof of times to your following LSC by Wednesday, July 9<sup>th</sup>. All Times must be pre-proved.

#### Lake Erie Swimming:

Pam Cook  
301 Rockledge Dr.  
Bay Village OH 44140  
440-808-9192  
[pamswim@aol.com](mailto:pamswim@aol.com)

#### Ohio Swimming:

Mark Davis  
148 Goldengate Dr.  
Centerville OH 45459  
937-620-0232  
[davism4@muohio.edu](mailto:davism4@muohio.edu)

#### Indiana Swimming:

Lynn Kinstler  
201 S Capitol Ave, Suite 410  
Indianapolis IN 46225  
317-237-5780  
[lynn@inswimming.org](mailto:lynn@inswimming.org)

#### Michigan Swimming:

Jan Cartmill  
PO Box 1784  
Midland MI 48641-1784  
Phone: 989-631-4955  
Fax: 989-631-4977  
Cell: 231-690-5847  
[JBCartmill@hughes.net](mailto:JBCartmill@hughes.net)

Times not proven will be flagged on the psych sheet (\*). If no proof of time is provided to the LSC Representative by the 7:30am on Wednesday July 16<sup>th</sup>, the swimmer will be scratched from the event.

**For Swimmers entered after July 8<sup>th</sup> and before 11pm Sunday July 13<sup>th</sup>, proof of time must be provided before the scratch deadline. If No proof to time is provided, the swimmer will be scratched from the event.**

The responsibility of proving times lies with the entering club. Host will submit a meet backup or a list of times to be proved to each participating LSC Designee by noon Wednesday July 9, 2008. Host will accept LSC office verification of all individual entries entered by ORIGINAL deadline. Any entries received by the NEW CUT deadline will have to provide proof at meet. (See paragraph above).

Acceptable verifications for any individual events not pre-proven through LSC office AND all relay proofs are official results from: USA Swimming sanctioned or approved meets: College, High School, Junior High, YWCA or YMCA Meets sanctioned by their respective governing organizations.

**Verification / Proof-of-Time must be in accordance with the type of time entered (LCM, SCY, or SCM).** Clubs are responsible for presenting any results they wish to use, and may send copies along with their hard copy.

#### Missed Entry:

A swimmer with a missed entry must be brought to the attention of the meet referee by 15 minutes after the conclusion of the General Meeting on Tuesday July 15<sup>th</sup>.

If the missed entry is by error of the entering club there will be a \$100 fine, per swim, to allow the swimmer to enter the event.

#### TIME TRIALS

Time trials will be conducted for swimmers participating in the meet and will start 15 minutes after the conclusion of preliminaries on Wednesday, Thursday, Friday, and Saturday. If, however, on any day, preliminary sessions end less than 45 minutes before the start of finals warm-ups, time trials will not be conducted on that day. On a given day, time trial events must be included in the individual event limit of three (3). Sign up for time trials will be taken at the head table up to 10 minutes prior to the end of the preliminary session.

Fees: individual events-\$8.50, relays-\$20.00.

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#### MEET CONDUCT

##### Rules

The meet will be conducted according to USA Swimming rules and regulations.

##### Seeding

Seeding order: Long Course Meters, Short Course Meters, Short Course Yards, NT. Eight lanes will be used at finals.

##### Scratch Rule

National scratch procedures (207.7.9) will be observed. Additionally, a non-refundable \$100.00 fine will be assessed to a club for each swimmer failing to compete in Saturday finals without scratching, except as noted in 207.5.9E, Exceptions for Failure to Compete.

The scratch box will be available at Registration on Tuesday, at the General meeting, and at the head table thereafter.

Check-in will be available at Registration, at the General Meeting, and at the head table thereafter.

##### Scratch Deadlines

National scratch procedures will be observed. The scratch box will be located at the head table.

Wednesdays events: 15 minutes after the conclusion of the General Meeting on Tuesday July 15<sup>th</sup>.

All others days' events: 6 pm the prior evening

The money for scratched events is NOT refundable.

Coaches/swimmers that have events requiring a positive check-in (relays and distance freestyle) may check-in via email to Kellen Edelbrock at [kedelbro@indiana.edu](mailto:kedelbro@indiana.edu) if they will not be arriving prior to the applicable scratch deadline for that event.

#### RELAYS AND RELAY CHECK-IN PROCEDURE

Positive check-in for relays is required. Relays must be checked-in prior to the scratch deadline in order to be seeded. Only two relays can score from each team.

All relays are timed finals. The fastest two seeded heats of the 800 freestyle relay and the 400 medley relay will swim in the finals session. All other relay heats will be swum in the preliminary session.

All 400 free relays will be swum in the prelim session.

Relay cards will be available at the head table during warm-up each morning. Coaches must list swimmers' first and last names and swimming order on the card and return the cards to the scorer's table one hour prior to the projected relay start time. The cards may be changed up until the relay swim.

#### DISTANCE FREESTYLE

Entrants in the 800 and 1500 meter freestyle must check in prior to the scratch deadline in order to be seeded. If a swimmer fails to check-in by applicable deadline(s), they will only be allowed to swim IF there is an empty lane (no new heat will be created).

Wednesday distance swimmers(W800/M1500) not wanting to swim the event during the final session should declare they swim in prelims by Tuesday 15 minutes after the conclusion of the General Meeting. Saturday distance swimmers (W1500/M800) not wanting to swim the event during the final session should declare they will swim in prelims by Friday 6:00 pm. Check-in will be available at the registration table prior to the General Meeting, at the General Meeting, and at the head table after the General Meeting.

Wednesday distance events (W800/M1500) will be swum fastest to slowest alternating women and Men. The fastest heat of W800 and M1500 will swim in finals.

Saturday distance events (W1500/M800) will be swum fastest to slowest alternating women and men. The fastest heat of the women's 1500 and the men's 800 will be swum in Saturday finals. Any swimmers who enter the women's 1500 or the men's 800 should declare at check-in that they do not wish to swim the event in the finals session by writing a P for prelim on the check-in sheet next to their names. Swimmers should anticipate that many people seeded ahead of them may opt out of finals and should also indicate with a P that they do not wish to swim the event at finals.

#### READY ROOM

A ready room/area will be provided each evening for the Championship heat in all individual events and the top-seeded heat of distance freestyles. Swimmers should report to the ready room 10 minutes prior to the start of their event so that they may march to the starting blocks together.

#### LENGTH OF SESSION:

If the length of a session is determined to be too long, the meet director may request some bonus event swims to be swum at the end of each session and before time trials. This will be posted on the web by Tuesday July 15<sup>th</sup>.

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#### WARM-UP PROCEDURE

Specific details of warm-ups will be posted on the pool deck and included in the coaches' packets, which will be distributed at the General Meeting. An 25-yard warm-up pool will be available for warm-up and warm-down before, during, and after the meet. Pace and circle swimming only will be allowed in the warm-up pool.

The pool is available at 6:30 am all days

#### SCORING

The Meet will score 20 places.  
26-23-22-21-20-19-18-17-15-13-12-11-10-9-8-7-5-3-2-1  
Relays will score double.

#### AWARDS

Medals for 1st-8<sup>th</sup> will be awarded in individual and relay events. Awards for the 400 free relay will be given out during the morning heats of the Women's 1500/Men's 800.

Awards will be presented to the top five teams in each of the following categories: Combined, Men's, Women's.

Awards will be presented for Men's and Women's individual high point.

#### ADMISSION/HEAT SHEETS

All-Sessions Pass: \$20.00  
Daily Prelims: \$3.00 adults /6-12 yrs \$2.00  
Finals: \$4.00 adults /6-12 yrs \$2.00  
Children under 6 are free  
Psych sheets and heat sheets will be available for sale at the meet.

#### NATIONAL CHAMPIONSHIP CERTIFICATION

This meet has been approved as a qualifying certification meet for most levels of N2 and/or N3. Please notify Lucy Duncan at [lucyuss@aol.com](mailto:lucyuss@aol.com) if you are requesting an evaluation from this meet. There will be required officials briefings one hour before each session. Officials interested in officiating at the meet please fill out the enclosed officials application and send to Lucy Duncan at [lucyuss@aol.com](mailto:lucyuss@aol.com) and [czofficials@mac.com](mailto:czofficials@mac.com).

#### UNPAID FINES

Host will send a notification of fine for failure to compete without scratching to the offending club listing the amount owed, purpose of the fine, directions for payment, and payment deadline (which may include a penalty if not paid by deadline). A copy of this notification will also be sent to the current Sectional Chairman. If the fine remains unpaid by the specified deadline, the offending club will be denied representation in any subsequent Sectional meets until the amount has been paid.

#### FINE APPEAL PROCESS

Club may appeal the fine and/or penalty by submitting a written notice to the current Chairman, Mark Davis ([davism4@muohio.edu](mailto:davism4@muohio.edu)). The Chairman will appoint a hearing body made up of one representative from each of the Section 3 LSC's plus one athlete at-large. Any further appeal shall be presented to the National Board of Review.

#### LOCKER ROOMS

Women's and men's locker rooms are available on the lower level off the pool deck. While lockers are available, it is preferred that swimmer not store their belongings in the locker rooms to help reduce theft.

#### PARKING

Parking is available in the parking lot to the east of the pool on Law Lane and also south of the pool in parking lot on 10<sup>th</sup> street. No additional fees will be charged for parking.

#### COACHES/OFFICIALS SOCIAL

Coaches/Officials will be held immediately after the finals sessions on Thursday evening at Nick's English Hut. There will be a map available for the to the social.

#### HOSPITALITY

Coaches, officials, and volunteer hospitality will be located in the room at the south end of the pool across from the hot tub.

#### USE OF RECREATIONAL SPORTS CENTER

The workout facilities at the SRSC or the HPER may be used at a rate of \$6/day with a photo ID. Children under the age of 18 must be supervised by an adult at all times. Call (812) 855-7772 for additional information.

**VENDOR:** The Speedo vendor for this meet will be Swimville USA. They will be located upstairs in the lobby of the Counsilman/Billingsley Aquatic Center.

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### CENTRAL ZONE SECTIONAL 3

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## ORDER OF EVENTS

*Please note that HOST observes Eastern Daylight Time*  
Coaches may request a break so a swimmer has 12 minutes between individual swims at finals.

WOMEN	PRELIMINARIES	MEN	WOMEN	FINALS	MEN
<b>Wednesday EVENTS</b>					
<i>Warm-Ups: 6:30-8:45 am EDT</i> <i>Meet Starts: 9:00 am EDT</i>			<i>Warm-Ups: 4:00-5:15 pm EDT</i> <i>Meet Starts: 5:30 pm EDT</i>		
2	200 Backstroke	3	1	800 Freestyle ***	
4	50 Freestyle	5	2	200 Backstroke	3
7	200 Breaststroke	8	4	50 Freestyle	5
1	800 Freestyle***			1500 Freestyle ***	6
	1500 Freestyle ***	6	7	200 Breaststroke	8
<b>Thursday EVENTS</b>					
<i>Warm-Ups: 6:30-8:45 am EDT</i> <i>Meet Starts: 9:00 am EDT</i>			<i>Warm-Ups: 4:00-5:15 pm EDT</i> <i>Meet Starts: 5:30 pm EDT</i>		
9	200 Freestyle	10	9	200 Freestyle	10
11	100 Butterfly	12	11	100 Butterfly	12
13	400 I.M.	14	13	400 I.M.	14
15	800 Free Relay*	16	15	800 Free Relay*	16
<b>Friday EVENTS</b>					
<i>Warm-Ups: 6:30-8:45 am EDT</i> <i>Meet Starts: 9:00 am EDT</i>			<i>Warm-Ups: 4:00-5:15 pm EDT</i> <i>Meet Starts: 5:30 pm EDT</i>		
17	100 Backstroke	18	17	100 Backstroke	18
19	400 Freestyle	20	19	400 Freestyle	20
21	100 Breaststroke	22	21	100 Breaststroke	22
23	200 Butterfly	24	23	200 Butterfly	24
25	400 Medley Relay*	26	25	400 Medley Relay*	26
<b>Saturday EVENTS</b>					
<i>Warm-Ups: 6:30-8:45 am EDT</i> <i>Meet Starts: 9:00 am EDT</i>			<i>Warm-Ups: 3:00-4:15 pm EDT</i> <i>Meet Starts: 4:30 pm EDT</i>		
27	200 I.M.	28	27	200 I.M.	28
31	100 Free	32	29	1500 Freestyle****	
33	400 Free Relay**	34		800 Freestyle	30
29	1500 Freestyle****		31	100 Free	32
	800 Freestyle****	30			

\* Timed Finals with the Top 16 submitted relay entry times swimming in evening finals with the rest (#17 seed and slower) being swum in the morning preliminaries.

\*\* All 400 Free Relays will be swum in morning preliminaries.

\*\*\* Thursday distance events (W800/M1500) will be swum fastest to slowest alternating women and men. The fastest heat of each (W800/M1500) will be swum in finals.

\*\*\*\* Sunday distance events (W1500/M800) will be swum fastest to slowest alternating women and men. The fastest heat of each (W1500/M800) will be swum in finals.

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CENTRAL ZONE SECTIONAL 3  
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## 2008 Time Standards for IN, MI, OH, and LE Participants and for Participants from outside Central Zone.

Qualifying Period: January 1, 2007 through the entry deadline

WOMEN		EVENT	MEN	
SCY	LCM		SCY	LCM
25.29	28.79	50 FREE	22.59	25.89
54.79	1:01.79	100 FREE	48.99	56.39
1:57.89	2:13.09	200 FREE	1:46.89	2:02.89
5:12.09	4:38.79	400/500 FREE	4:48.89	4:19.39
10:44.79	9:37.59	800/1000 FREE	10:03.89	9:06.39
18:00.79	18:26.29	1500/1650 FREE	16:53.89	17:30.99
1:01.49	1:10.79	100 BACK	55.89	1:03.69
2:11.89	2:31.09	200 BACK	1:59.99	2:19.79
1:09.29	1:19.29	100 BREAST	1:02.19	1:12.59
2:29.09	2:50.19	200 BREAST	2:14.99	2:37.39
1:00.09	1:07.89	100 FLY	53.79	1:01.09
2:12.49	2:28.79	200 FLY	2:00.49	2:17.39
2:13.19	2:30.89	200 IM	2:00.59	2:18.89
4:40.49	5:18.79	400 IM	4:19.39	4:58.19
3:46.39	4:13.59	400 FREE RELAY	3:23.19	3:55.19
8:05.99	9:07.99	800 FREE RELAY	7:22.79	8:30.39
4:11.29	4:45.99	400 MEDLEY RELAY	3:47.19	4:21.99

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### **CENTRAL ZONE SECTIONAL 3**

**July 16-19, 2008**

### **Housing Information**

Below is a brief description of area hotels that have room blocks set aside at a discounted rate for your group.

**PLEASE REFER TO THE **AAU** BLOCK WHEN MAKING RESERVATIONS.** For more information, please visit [www.visitbloomington.com](http://www.visitbloomington.com) for pictures of all area lodging options. You may also call the Bloomington Convention & Visitors Bureau at 800.800.0037 to request an information packet or to inquire about information about area hotel options.

#### **Summer House Inn - (812) 323-2141**

Our prime location puts you minutes from I.U., Lake Monroe, and Brown County. Relax in our newly remodeled rooms with cable TV. Continental breakfast served daily, swimming pool with country setting. Ideal for groups, reunions and family vacation. Handicap accessible. (812) 332-2141

#### **Hampton Inn - (812) 323-2100**

The Hampton Inn in Bloomington is located on North Walnut Street just south of the State Route 45/46 Bypass and 1/4 mile northwest of Indiana University's main campus. Lake Monroe is 8 miles south and Brown County State Park is 13 miles east; College Mall with 100 stores is only 4 miles east of the hotel. All rooms include two-line dataport telephone with voice mail, hair dryer, iron, and coffee maker. Amenities include complimentary expanded continental breakfast and newspaper, free local calls, and TV with cable. We also offer connecting rooms, cribs, express checkout, game room, outdoor pool, and golf.

#### **Fairfield Inn - (812) 331-1122**

This 105-room interior property offers many amenities including: indoor pool and whirlpool, exercise room, complimentary deluxe continental breakfast, non-smoking floor, HBO, in-room hairdryers, irons/boards, free local calls, voice mail, free high-speed internet access and same day dry cleaning (M-F), The King Suites (micro, refrig, and couch) are great for extended stays.

#### **IMU - (812) 855-1808**

Experience the unique grandeur of the Indiana Memorial Union. Situated on the beautiful Indiana University campus in Bloomington, Indiana, the hotel and conference center includes a full-service, 186-room, quality hotel with luxury suites and 50,000 sq. ft. of professional meeting space. The conference center offers a 400-seat theatre, 18 meeting rooms, grand hall, finely appointed banquet rooms, including the Elizabethan-style Tudor Room, and much more. You'll appreciate the quality, comfort, and convenience you've come to expect of this magnificent landmark.

#### **Quality Inn - (812) 323-2222**

Whether it's business or pleasure, Quality Inn always makes you feel right at home. Conveniently located near Indiana University, Memorial Stadium and Assembly Hall. Smoking and non-smoking rooms available, choose from standard rooms or a variety of suites. No pets allowed.

#### **Homewood Suites – (812) 323-0500**

This upscale, all-suite hotel will enhance your travels and help you "Make Yourself at Home" while in Bloomington. Enjoy the complimentary "suite start" hot breakfast daily and Monday - Thursday "Welcome Home Receptions." All suites feature fully equipped kitchens with a refrigerator, microwave, two-burner stove top, dishwasher and a dining table large enough for work. Complimentary high speed Internet access, speaker-phone, voice mail and business center also available. Relax in the indoor pool and spa or workout in the fitness center. For your convenience, on-site laundry facilities, complimentary grocery service and a 24-hour Suite Shop are also available.

#### **Holiday Inn Express – (812) 334-8800**

The Holiday Inn Express Hotel & Suites is Bloomington's newest hotel! This property features 102 rooms, including 42 suites. All rooms include a work desk, high-speed internet connection (both wired and wireless), refrigerator, microwave oven, coffee brewer, hair dryer, iron and ironing board. Sleep in comfort on 400 thread count sheets and a pillow top mattress. Located just off the 3rd Street exit from State Road 37, this hotel offers free amenities such as the express start breakfast, manager's reception, a private business center, fitness center, indoor swimming pool and whirlpool. This luxury hotel is perfect for business, families and visiting the Indiana University campus.

#### **Century Suites – (812) 336-7777**

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### **CENTRAL ZONE SECTIONAL 3**

#### **July 16-19, 2008**

Century Suites hotel is Bloomington's premier all-suite hotel, offering one and two-bedroom suites, some with fireplaces and whirlpool tubs, in a quaint Williamsburg setting. Each suite features a fully equipped kitchenette, wireless high-speed internet access and a queen size sleeper sofa in the living room. Century Suites is ideal for business and pleasure alike. Located near College Mall, Lake Monroe and the Indiana University campus.

#### **Hilton Garden Inn – (812) 331-1335**

This brand-new 168-room hotel is conveniently located in downtown Bloomington, just a short walk from the Bloomington Convention Center, Indiana University Campus and great downtown shopping, dining and nightlife.

#### **TownPlace Suites– (812) 334-1234**

TownPlace Suites by Marriott is your home away from home. Conveniently located on W. 3rd Street, you are just minutes from Indiana University, downtown and a variety of restaurants and retail stores. Our newly remodeled studio and two bedroom suites all come with fully equipped kitchens, pull out sofas and luxurious new beds and bedding. We offer an outdoor pool, exercise room, business center and laundry facilities all conveniently located at the hotel. Residential-style living lets you relax even when you're away from home. Premium TV channels, work area, voice and data phone lines and voice mail make your stay even better. Pets welcome.

#### **Eagle Point – (812) 824-4040**

Eagle Pointe offers accommodations to suit any group or family. Fully appointed one to four bedroom condominium units overlooking Lake Monroe and the golf course at Eagle Pointe. Available for nightly, weekly or monthly rental.

All units are equipped with full kitchens, and many have washer & dryer, private decks or patios and fireplaces. A full service resort, Eagle Pointe is open year-round and offers dining, banquet facilities, numerous swimming pools, tennis courts and an 18-hole championship golf course.

#### **Radisson - (812) 334-3252**

The Radisson, Bloomington's newest and only full service hotel, is conveniently located just ¼ mile from Indiana University and minutes from Cook Inc., Crane Warfare Center, Otis Elevator and the beautiful Lake Monroe. All 120 of the spacious guestrooms feature Sleep Number Beds, 32 inch flat screen televisions, AM/FM clock radios with IPOD docking stations, complimentary high speed internet, a large workstation and upgraded bathroom amenities.

#### **Comfort Inn - (812) 650-0010**

Ideally located just ¼ mile from Indiana University and minutes from the Monroe County Convention Center, the Brand new Comfort Inn offers many services and amenities for the business and leisure traveler. Deluxe hot continental breakfast, high speed internet access and local calls are all complimentary. All rooms have either one King or two Queen sized beds, 27 inch flat screen televisions, coffeemaker, hairdryer, iron and ironing board and upgraded bathroom amenities. Experience the hospitality and superior service during your visit to Bloomington at the new Comfort Inn.

# **USA Swimming Speedo Champions Series**

HOSTED BY INDIANA UNIVERSITY CAMPUS RECREATIONAL SPORTS  
CENTRAL ZONE SECTIONAL 3  
July 16-19, 2008

## **DIRECTIONS TO THE STUDENT RECRECREATIONAL SPORTS CENTER (SRSC)**

### **From the North & East**

Take Hwy. 37 south out of Indianapolis and proceed 41 miles to Hwy. 45/46, Indiana University Exit. Turn left (east) and go approximately 2 miles to the 4th light, Fee Lane and turn right. Go approximately 1.5 miles to Law Lane (just before railroad overpass) and turn left. The Student Recreational Sport Center is approximately 1 mile on the left at 1601 Law Lane.

### **From the West**

Take Hwy. 46 into Bloomington. After crossing Hwy. 37, take Hwy. 45/46 approximately 2 miles to the 4th light, Fee Lane and turn right. Go approximately 1.5 miles to Law Lane (just before railroad overpass) and turn left. The Student Recreational Sport Center is approximately 1 mile on the left at 1601 Law Lane.

### **From Indianapolis International Airport**

Go south on I-465 6 miles to Hwy. 37 (Exit 4). Turn right onto Hwy. 37 and proceed south 41 miles to Hwy. 45/46, Indiana University Exit. Turn left (east) and go approximately 2 miles to the 4th light, Fee Lane and turn right. Go approximately 1.5 miles to Law Lane (just before railroad overpass) and turn left. The Student Recreational Sport Center is approximately 1 mile on the left at 1601 Law Lane.

### **Airlines that serve Indianapolis International Airport:**

Air Canada: 1.800.247.2262	Midwest Airlines: 1.800.452.2022
American Airlines: 1.800.433.7300	Frontier Airlines: 1.800.432.1359
AirTran: 1.800.825.8538	Continental Airlines: 1.800.523.3273
Northwest Airlines: 1.800.225.2525	Delta Airlines: 1.800.221.1212
Cape Air: 1.800.352.0714	United Airlines: 1.800.864.8331
Southwest Airlines: 1.800.435.9792	U.S. Airways: 1.800.428.4322

### **Car rental companies that serve the area:**

Ace	812 339-7697	Bloomington
Alamo	800-462-5266	Indianapolis
Avis	800-331-1212	Indianapolis
Budget	800-527-0700	Bloomington, Indianapolis
Enterprise	800-261-7331	Indianapolis
Hertz	800-654-3131	Indianapolis
National	800-227-7368	Indianapolis
Thrifty	317-243-2282	Indianapolis

# USA Swimming Speedo Champions Series

HOSTED BY INDIANA UNIVERSITY CAMPUS RECREATIONAL SPORTS  
CENTRAL ZONE SECTIONAL 3  
July 16-19, 2008

## Entry Summary Sheet

Team Name			
Team Code		LSC Code	
Team Mailing Address		Office Phone	
City, State, Zip		Pool Phone	
Coach		Home Phone	
Email Address			
Entry Information Prepared By		Phone	
Please list all additional coaches			

	# of swimmers entered	# of individual events
Women		
Men		

Total individual entries \_\_\_\_\_ x \$8.50= \_\_\_\_\_

Total relay entries \_\_\_\_\_ x \$20.00= \_\_\_\_\_

Surcharge: Total # of swimmers \_\_\_\_\_ x \$2.50= \_\_\_\_\_

Total Due \_\_\_\_\_

**\*Please make check payable to Indiana University**

**Waiver, acknowledgment and liability release:**

I hereby release and discharge Indiana University Campus Recreational Sports, its directors and faculty supervisors, any agents or members of the group and those affiliated with it in any manner, Indiana University and its officials, representatives, employees, and trustees acting in their capacity with the university, the I.U. Division of Recreational Sports, and any and all sponsors of this event "of /from **ANY AND ALL LIABILITY, CLAIMS, DEMANDS, CAUSES OF ACTION, LOSS, DAMAGE, OR INJURY** to person or property, including serious injury and/or death which may result while preparing for or participating in the Speedo Champions Series, Central Zone, Section III.

I have read this waiver and release of liability and understand that it is a full and complete unconditional release from and waiver of liability and indemnity for ANY injury suffered. I freely and willingly sign this instrument.

Date this \_\_\_\_\_ day of \_\_\_\_\_, 20 \_\_\_\_

Signature/Title \_\_\_\_\_

Swimmers will be without a coach on deck:  
Weds.    Thurs.    Fri.    Sat.

I have arranged for my swimmer/s to be supervised by Coach \_\_\_\_\_

