



ALL - CENTRAL ZONE TEAM

The Central Zone of USA Swimming recognizes the following athletes from its LSCs as members of the inaugural All-Central Zone Team. To be eligible for this honor, an athlete must be nominated by the LSC which is generally considered the athlete's "home" LSC and meet one of the following criteria:

- Have set two or more individual Central Zone records in any age group
- Have swum a Central Zone Championship time that was ranked #1 nationally for that season
- Have been a Central Zone Championship meet participant who went on to qualify for one or more of these USA Swimming teams: Junior National Team, Senior National Team, or U.S. Olympic Team.

LSCs that have no qualifiers based on the above criteria, the LSC may nominate one male and one female athlete to represent the LSC on the All-Central Zone Team.

LSC	HONORED ATHLETES	QUALIFYING ACHIEVEMENTS
ARKANSAS	Brittany Massengale	Zone Records in the 400 freestyle and 800 freestyle
	Troy Esentan	Finished 1st in the 100 breaststroke, 200 breaststroke, and 2nd in the 200 butterfly at the 2007 Zone Meet
ILLINOIS	Lisa Coole	90-91 National Junior Team
	Anne Kampf	90-91 National Junior Team; 92-93 National B Team; 94-95 National B Team
	Chris Graber	90-91 National Junior Team
	Anthony Attiah	91-92 National Junior Team
	Kristine Nyweid	92-93 National Junior Team
	Tucker Shade	93-94 National Junior Team
	Lindsey Farella	94-95 National B Team
	Kristine MacGregor	94-95 National Junior Team
	Christine Keller	95-96 National Junior Team
	Amy Migawa	95-96 National Junior Team
	Mary Descenza	98-99 National Junior Team
	Dan Trupin	99-00 National Junior Team
	Matt Grevers	02-03 National Junior Team; 2008 Olympic Team
	Melissa Marik	03-04 National Junior Team
	Ashley Wanland	04-05 National Junior Team
	Tyler McGill	Zone Records in the 100 freestyle, 200 freestyle, 400 freestyle, 100 butterfly and 200 butterfly
	Michael Alexandrov	Zone Records in the 200 freestyle, 100 breaststroke, and 400 IM
Colleen McReynolds	Zone Records in open water, 400 freestyle, 800 freestyle	
Ross Moore	Zone Records in the 200 butterfly and 200 IM	
Elena Ramierez	Zone Records in 100 butterfly and 200 butterfly	
INDIANA	Lindsay Benko	2000 & 2004 Olympian
	Bryce Hunt	2004 Olympian
	Patrick Calhoun	2000 Olympian
	Steve Bigelow	1988 Olympian
	Jenny Connolly	2008 National Team Member
	Ben Heslen	2008 National Team Member
	Michelle McKeenan	2007 and 2008 National Team Member

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CONTINUED

INDIANA Continued	Allison Bock	1993 National B Team
	Susan Gottlieb	1992 National B Team
	Kyle Whitaker	2008 National Junior Team
	Susan Hentschel	2001 National Junior Team
	Matt McDonald	2001 National Junior Team
	Ryan Wochomurka	2001 National Junior Team
	Lacey Boutwell	1999 National Junior Team
	Michaela Kwasny	1997 National Junior Team
	Bart Wickard	1997 National Junior Team
	Jason Mallory	1997 National Junior Team
	Emily Ayres	1994 National Junior Team
	Jason Lancaster	1993 National Junior Team
	Rob Rausch	1993 National Junior Team
	Ted Brown	Zone Records in 200 freestyle and 400 IM
	Christy Grceвич	Zone Records in 50 freestyle and 100 freestyle
	A.J. Miller	Zone Records in 200 backstroke and 200 breaststroke
	Erin Racht	Zone Records in 200 freestyle and 100 butterfly
	Steve Ware	Zone Records in 100 butterfly (11-12 & 13-14)
IOWA	Craig Oppel	1988 Olympian and Zone Record Holder
	Ann Walker	1988 National Team
LAKE ERIE	Mark Gangloff	2008 Olympian
	Diana Munz	2000 and 2004 Olympian
MIDWESTERN	Scott Usher	2004 Olympian
	Shandra Johnson	National Junior Team
	Chris Scheuber	Zone Records in 50 freestyle and 200 medley relay
	Dan Berve	Zone Records in 100 butterfly and 200 medley relay
	Adam Mania	Zone Records in 100 backstroke and 100 freestyle
Karen Criss	Zone Records in 100 backstroke and 200 IM	
OKLAHOMA	Samantha Woodward	2006 National Junior Team
	David Plummer	2002 National Junior Team
	Trip Zedlitz	1992 National B Team
OZARK	Tom Jager	1992 Olympian
	Lauren Lubus	1999 National Junior Team
SOUTH DAKOTA	Paul Gordon	2007 National Junior Team
	Katie Budahl	Zone Records in the 100 breaststroke and 200 breaststroke
	Kylie Martin	Zone Records in the 50 breaststroke; #1 National ranking in the 50 breaststroke and 100 freestyle
WISCONSIN	Neil Walker	2000 and 2004 Olympian
	Wes Laugerhausen	2003 National Junior Team
	Kyle Bubolz	2004 National Junior Team