

2015 Central Zone Section 3 Speedo Champion Series
Spring Meet Time Standards

This is an open, long course competition.

Section 3 LSCs are OH, IN, MI, LE

Indiana University Natatorium

Indianapolis, IN

March 26 – 29, 2015



Qualifying Period: January 1, 2014, through the entry deadline for Spring Meet.

THERE ARE NO BONUS TIME STANDARDS FOR THE SPRING MEET

WOMEN			Men	
SCY	LCM	Event	LCM	SCY
24.99	28.49	50 FREE	25.69	22.39
54.19	1:01.19	100 FREE	55.99	48.59
1:56.69	2:11.89	200 FREE	2:01.89	1:45.89
5:08.99	4:36.09	400/500 FREE	4:16.89	4:46.39
10:38.29	9:31.89	800/1000 FREE	9:00.49	9:57.99
17:49.89	18:15.59	1500/1650 FREE	17:20.99	16:43.89
1:00.79	1:10.09	100 BACK	1:03.19	55.39
2:10.59	2:29.69	200 BACK	2:18.59	1:58.79
1:08.59	1:18.59	100 BREAST	1:11.99	1:01.59
2:27.69	2:48.79	200 BREAST	2:36.19	2:13.79
59.49	1:07.29	100 FLY	1:00.59	53.29
2:11.19	2:27.49	200 FLY	2:16.19	1:59.29
2:11.89	2:29.59	200 IM	2:17.69	1:59.39
4:37.69	5:15.99	400 IM	4:55.79	4:16.99
3:41.99	4:09.99	400/200 FREE RELAY	3:50.99	3:18.99
7:45.99	8:50.99	800 FREE RELAY	8:15.99	7:13.99
4:05.99	4:40.99	400/200 MEDLEY RELAY	4:17.99	3:42.99

***200 MEDLEY AND 200 FREE RELAYS USE THE 400 TIME STANDARD; IF YOU HAVE THE CUT IN THE 400 RELAYS, YOU ARE ELIGIBLE FOR THE 200 RELAYS**